

## **Aesthetics Core Curriculum Workshop**

### **Course Agenda**

42<sup>nd</sup> Annual DNA Convention- San Diego, CA

Saturday, March 9, 2024, from 7:30 AM- 12:00 PM

### **Faculty:**

Blake Bryant, DNP, FNP-C, DNC, Chair

Amanda Norton, DNP, APRN, DCNP

### **Course Description:**

The Aesthetics Lectures have been developed for the aesthetic dermatology health care provider to gain insight into a comprehensive approach to providing aesthetic services. It offers continuing education emphasizing both the basics of aesthetic dermatology, as well as new and innovative therapies. All attendees will be able to identify best practices in their own practice and add to their existing practice through new information. Diverse experts in aesthetic dermatology will offer education on topics including patient selection, consultation, and education, brief review of neurotoxins and fillers, laser therapies, cosmeceuticals, and safety/training. The course will utilize lecture, question and answer sessions, and case study review. Due to state law, there will be no hands-on portions of the course but detailed examples during case studies hopes to show real patient examples for deep learning.

### **Learning Outcome**

At the end of this Core Curriculum Workshop, learners will demonstrate understanding of the objectives by receiving a passing score of 70% or higher on the post-test, and complete the session and convention overall learning evaluations.

### **Continuing Education Information**

The Dermatology Nurses' Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Attendees will earn 4 NCPD/CE's for attending this workshop in its entirety and meeting the requirements under the learning outcome.

### **Learning Objectives:**

Upon completion of this workshop, each participant will be able to:

1. Describe updates to current safety guidelines for facial injections from emerging evidence review.
2. Compare and contrast the most common modalities, including brand names, to understand the breadth of available technologies and identify the overlapping themes in their outcomes.
3. Discuss the basic tenants of social psychology as it pertains to the face and skin.
4. Consult new patients and review current aesthetic cases to make plans for treatment, skin care product recommendations, and optimal outcomes.

## AGENDA

- 7:00-7:30 Continental Breakfast
- 7:30-7:45 **Welcome/Course Overview**  
Blake Bryant, DNP, FNP-C, DNC
- 7:45-8:00 **Why We Train**  
Blake Bryant, DNP, FNP-C, DNC
- 8:00-8:40 **Introduction to the Aesthetic Modalities**  
Blake Bryant, DNP, FNP-C, DNC & Amanda Norton, DNP, APRN, DCNP
- 8:40-9:10 **The Consult**  
Amanda Norton, DNP, APRN, DCNP
- 9:10-9:40 **Safety and Adverse Events – Emerging Evidence**  
Blake Bryant, DNP, FNP-C, DNC & Amanda Norton, DNP, APRN, DCNP
- 9:40-9:55 BREAK
- 9:55-10:25 **Social Psychology**  
Blake Bryant, DNP, FNP-C, DNC
- 10:25-11:25 **Case Studies – Completing the Picture**  
Blake Bryant, DNP, FNP-C, DNC & Amanda Norton, DNP, APRN, DCNP
- 11:25-11:40 **Medical Grade Skin Care Review**  
Blake Bryant, DNP, FNP-C, DNC & Amanda Norton, DNP, APRN, DCNP
- 11:40-11:55 **Question & Answer**  
Blake Bryant, DNP, FNP-C, DNC & Amanda Norton, DNP, APRN, DCNP